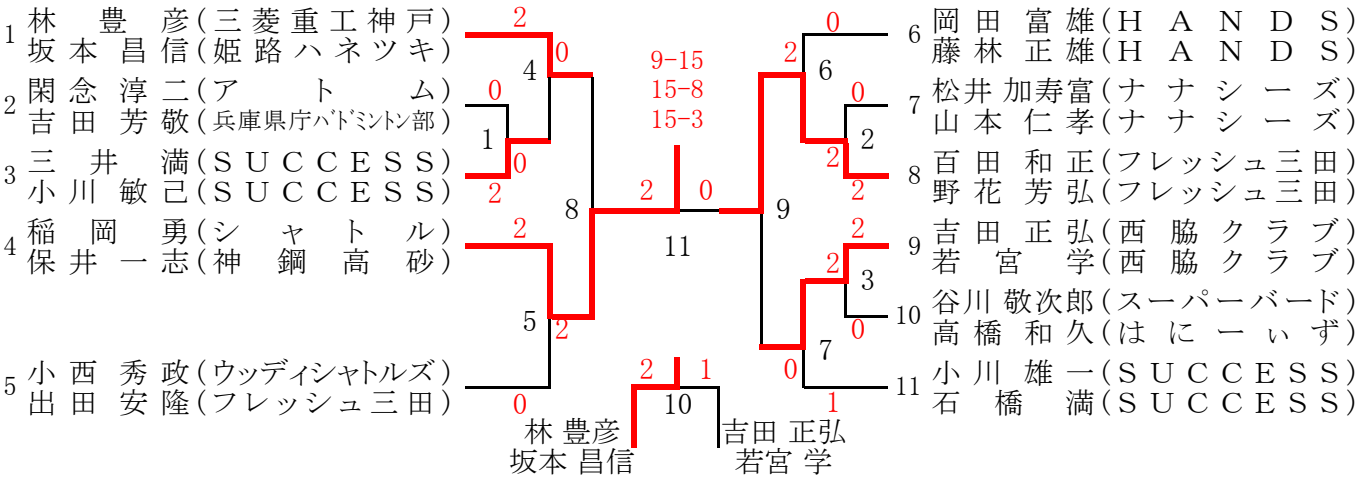45歳以上男子複（45MD）